#### Assessing, Preventing, and Overcoming Reading Difficulties

A professional learning series presented by David Kilpatrick, Ph.D.

Module 4 Session 4

Sponsored by the Exceptional Student Services Unit (ESSU) and created in collaboration with Specific Learning Disability Specialists Jill Marshall and Veronica Fiedler



**COLORADO** Department of Education Module 4: Word-Level Reading

Session 4: Orthographic Mapping

#### **Objective:**

Through engagement in this series of 13 on-demand webinars, participants will understand the current research, implications, and the essential elements necessary for assessing, preventing, and overcoming reading difficulties.





#### Assessing, Preventing, and Overcoming Reading Difficulties

#### **Webinar Series Modules**

**Module 1:** Reading Research and the Research to Practice Gap

**Module 2:** Current Approaches to Reading Instruction: Why Many Learners Still Struggle

Module 3: The Simple View Of Reading

Module 4: Word-Level Reading

Module 5: Reading Comprehension

**Module 6:** Introduction to Reading Assessment; Assessing Phonological Skills

Module 7: Assessing Phonics Skills

**Module 8:** Assessing Word Identification and Reading Fluency

Module 9: Assessing Reading Comprehension and Related Skills

**Module 10:** Effective Approaches for Preventing Reading Difficulties

**Module 11:** Effective Interventions for Reading Difficulties

Module 12: Case Examples of Reading Disabilities

Module 13: Specific Learning Disability Identification



#### Module 4 Overview

#### Module 4: Word-Level Reading

- 4.1 The Challenges of Word-Level Reading
- 4.2 Word Reading Development
- 4.3 How Poor Phonological Skills Hinder Word Reading

#### 4.4 Orthographic Mapping

4.5 Fluency

- 4.6 English Learners and Written Word Learning
- 4.7 Understanding Word-Reading Difficulties



#### Learning Intentions



#### Module 4 Session 4: Orthographic Mapping

Participants will be able to:

- ✓ Explain the process of orthographic mapping.
- Identify the two skills needed for efficient orthographic mapping.
- ✓ Understand how orthographic mapping is important to establishing sight vocabulary.



### **Recapping Things Learned**

- Word-level reading is not based upon visual memory
- Skilled word readers do not guess at the words they read based upon context—most or all the words they read are familiar and instantly and effortlessly recognized
- Phonological/phonemic skills are central to remembering words
- Then how are words remembered?
  Orthographic memory



### **Orthographic Memory**

- Orthographic memory is the memory for specific, familiar sequences of letters
- There are two broad levels to orthographic memory
  - Orthographic recognition is needed for instant and effortless recognition of written words
  - Orthographic recall is needed to produce the correct spellings of words that cannot be reliably spelled phonetically
    - Either irregularly spelled words or words with multiple phonetically correct possibilities (e.g., sent/cent or made/maid).
  - Orthographic recognition is typically easier than recall—more people can read words like rendezvous, colonel, and licorice than can spell them



### **Establishing Orthographic Memories for Words**

- There is extensive research on orthographic learning
- Three of the major areas of orthographic learning research are
  - David Share's Self-Teaching Hypothesis
  - Linnea Ehri's Orthographic Mapping Theory
  - Various computer models that simulate how words are learned
  - Our focus will be on the first two, each of which has extensive direct and indirect scientific support
- Both indicate that letter-sound skills and phonemic skills are central to remembering words, and visual memory plays no measurable role beyond input of words visually
  - Input and storage are not the same thing



### The Self-Teaching Hypothesis

- We teach ourselves most of the 30,000 to 60,000 words we know
  - Orthographic learning occurs one word at a time
  - This only occurs as a result of an encounter with the letters and sounds in the words we have learned — not some form of visual memory
  - Orthographic learning is implicit, rarely with conscious thought
  - From 2nd grade on, we need to see new words only 1 to 4 times for them to become permanently stored for future, instant recall
- As students phonically decode words, they are connecting phonemes with graphemes and forming orthographic connections
- Self-teaching occurs efficiently in students skilled with letters and phonemes but does not work well in students who struggle with letters and phonemes
- Orthographic learning requires skilled phonic decoding!



# **Orthographic Mapping**

- Orthographic Mapping describes the mental process used to remember words
  - The focus of the Self-Teaching Hypothesis includes 1) the realworld situation in which orthographic learning occurs, and 2) the central requirement for orthographic learning, which is phonic decoding
  - By contrast, Orthographic Mapping describes the mental/cognitive connection-forming process that makes words familiar
  - Together, they explain how we build the sight vocabulary and can account for an extensive amount of research on reading development
- Orthographic mapping is a mental process, not a teaching technique



#### Phoneme Skills and Orthographic Mapping

- What is the "mental process" described by Orthographic Mapping?
- Words are remembered by connecting pronunciations of oral words to their written counterparts (the words' spellings)
- This can only happen at the phoneme level, given the phonemic nature of alphabetic writing
- Thus, proficient phonemic abilities are required to efficiently remember words by connecting the phonemes in words to the letter sequences used to spell that word





### Flow of Information in Orthographic Mapping

- Phonic decoding goes from text to brain
  - From letters to sounds to that word's pronunciation
- Orthographic mapping goes from brain to text
  - From the word's pronunciation to the phonemes in that pronunciation to the letters in that printed word
- A specific letter order (i.e., a written word) becomes familiar when there is a well-established connection with the word's pronunciation
- Orthographic mapping benefits from phonic decoding
  - But that is only the first half of the equation
- Orthographic Learning = Phonic Decoding + Orthographic Mapping





# How We "Map" Words – 2

Words that are "Opaque" (Words without a one-to-one correspondence)



# **Orthographic Mapping and Phonic Decoding**

- In phonic decoding, the written word is unfamiliar
  - The word is figured out via letter-sound knowledge and phonological blending
  - The flow of information is from orthography to phonology, i.e., from text to brain
  - Phonic decoding is about identifying a word, not about remembering it
- Orthographic mapping only works if the word has been identified
  - The pronunciation of the spoken word then is mapped onto that letter sequence
  - The flow of information is from phonology to orthography, i.e., from brain to text
  - Orthographic mapping is about remembering a word, not about identifying it
  - This mapping is only efficient at the phoneme/letter level
    - Eventually orthographic patterns get mapped and this assists with the mapping process (e.g., —ing, —ence, —ight, —tion; plus rime units, prefixes, etc.)
      - Mapping patterns presumes previous phoneme-level mapping of those patterns



### Skills Needed for Orthographic Mapping

- Orthographic mapping requires two foundational skills
  - Skilled readers have both of these foundational skills
  - A compromise to these skills results in a compromise in the efficiency with which a reader builds the orthographic lexicon/sight vocabulary
  - The two skills needed for efficient orthographic mapping are
    - Letter-sound proficiency
    - Phoneme proficiency



#### Knowledge vs. Proficiency

- We need to move away from the terms:
  - Letter-sound knowledge
  - Phonological awareness

- And replace them with:
  - Letter-sound proficiency
  - Phonemic proficiency

- Knowledge does not presume automaticity/proficiency
- Awareness does not presume automaticity/proficiency



#### Implications of Knowledge vs. Proficiency

- Many phonological awareness (PA) tests are not sensitive to the phonemic underpinnings of the reading process
  - Phoneme segmentation tests cannot determine segmentation proficiency
    - Only a timed phoneme manipulation test can do that
- The best assessment of the skills needed for orthographic mapping are:
  - Timed nonsense word reading subtests
    - (e.g., *Test of Word Reading Efficiency* [TOWRE-2])
  - Timed phoneme manipulation tests
    - (e.g. *Phonological Awareness Screening Test* [PAST])



#### What About Irregular Words?

- Both "irregular" and "opaque" words may take longer to learn
  - Perhaps 1-2 extra exposures for typical readers; many more for RD
- Most irregular words are off by only one letter-sound element
  - For example, *said*, *put*, *comb*, *island*
  - Multiple violations are rare, such as *of, one, iron*
- Irregular words not a challenge for orthographic mapping
  - "Exception words are only exceptional when someone tries to read them by applying a [phonic] decoding strategy. When they are learned as sight words, they are secured in memory by the same connections as regularly spelled words . . ."

(Ehri, 2005, Scientific Studies of Reading, p. 171-172)



### Why Exception Words Are Not an Issue for Mapping

- Many "regular" words require mapping adjustments just like irregular words
  - Silent *e* words, vowel digraphs, and consonant digraphs are all opaque
  - Multisyllabic "regular" words with vowel reductions require mapping adjustment, much like irregular words (e.g., *holiday, market*)
- Irregular words are not the cause of reading problems in English
  - Poor word-level reading is as common in regular orthographies (e.g., Italian, Spanish), due to poor orthographic mapping
  - Irregularities make English phonic decoding harder, no doubt, but do not the cause poor sight-word reading
    - That is caused by a limited sight vocabulary—same problem in Spanish, etc.
    - Even regular words are poorly represented in the orthographic lexicons of poor readers



### What About "Orthographic Skills"?

- Popular discussions of "orthographic processing" are about 10 years outdated (See the review of orthographic skills by Jennifer Burt (2006) in the *Journal of Research in Reading* and subsequent research on the topic)
  - The four most common tasks used to establish "orthographic skills" are:
    - Wordlikeness task (e.g., *Imk* vs. *pim; bbap vs. bapp*)
    - Homophone/pseudohomophone task (e.g., sail/sale; brane/brain)
    - Reading irregular words
    - Spelling irregular words
  - These tasks correlate with reading skills (but correlation ≠ causation)
- Orthographic knowledge is a byproduct of learning to read
  - It is not causal like letter-sound skills and phoneme skills
  - Orthographic "skills" result from reading experience and orthographic mapping
    - Orthographic mapping establishes words and word patterns (e.g., -ing, -tion, ight)
- Current ideas floating around about orthographic processing implicitly posit word learning based upon visual memory
  - Intervention recommendations based on such a notion have been shown to be ineffective



#### Summary: Module 4 Session 4

✓Orthographic learning results from an interaction between sounds and letters in written words, not by any visual memory process.

- ✓Orthographic mapping is the mental process used to store words for instant, effortless retrieval—it generates the sight vocabulary
- ✓Orthographic mapping connects what is known and already well-established in memory (a word's pronunciation) with what the reader needs to remember (a word's spelling)
- The process is implicit, so the reader typically is not consciously "trying" to remember; the connection forming process happens "behind the scenes"
  The critical skills needed for orthographic mapping are letter-sound proficiency and

phonemic proficiency

- ✓ Students with these skills develop reading skills fairly easily
- ✓ Students without these skills struggle in reading



#### **Reflect and Connect:**

What are the critical aspects of orthographic mapping and how do you think this information may inform our instructional decisions?

#### Wrap Up

#### What was your biggest takeaway?

What questions do you still have?

### Up Next

#### Module 4.5 Fluency



#### Thank you!



# Please visit the CDE Specific Learning Disability Website for more information:

#### https://www.cde.state.co.us/cdesped/SD-SLD

