

This webinar on PPRA, Protection of Individual from Restraint Act the focus will be on the documentation requirements, and parent notification requirements.

### **General Education Regulations:**

The regulations stated that If there is a reasonable probability that restraint might be used with a particular student, appropriate school staff must notify, in writing, the parents and, if appropriate, the student of the restraint procedures (including types of restraints) that might be used; specific circumstances in which restraint might be used; and staff involved.

### **Special Education Regulations:**

For students with disabilities, if the parents request a meeting with school personnel to discuss the notification, school personnel must ensure that the meeting is convened. This notification may occur at the meeting where the student's Behavior Plan or IEP is developed/reviewed.

For Students with disabilities the inclusion of the use of restraints and seclusion cannot be included as an intervention within an FBA and BIP. The Inclusion of restraints and seclusion as an intervention may be considered to be a denial of FAPE.

### **Documentation Requirements**

If restraints are used by any school employee or volunteer, a written report must be submitted within one (1) school day to school administration.

The definition of "School Day" means any day or partial day that students are in attendance at the public education programs, agencies or services or sponsored events.

For restraints lasting from **0-1 minute** there are no documentation requirements.

For restraints lasting between **1 minute and 5** minutes the school principal or designee shall notify in writing the parents as soon as possible but no later than the end of the school day that the restraint was used. This change in parent notification comes from HS 22-1376.

The same day written notice to the parent must include the following information.

- The date
- The name of the student
- The number of restraints that day lasted between one and five minutes.

For restraints that are **5 minutes or longer** parents will receive a same day verbal notification followed by a written report based on the findings of the staff review must be emailed, faxed, or mailed to the parent within five (5) calendar days of the use of restraint.

The written report for the parent must include the following:

- The antecedent to the student's behavior if known;
- A description of the incident;
- Efforts made to deescalate the situation;
- Alternatives that were attempted;

- The type and duration of the restraint used;
- Injuries that occurred, if any;
- The staff present, and staff involved in administering the restraint.

A copy of the written report on the use of restraint shall be placed in the student's confidential file.