

This Webinar in the area of restraints and seclusion focuses on staff training requirements needed for the application restraint and seclusion.

**Training Requirements:**

PPRA Protection of Individuals against Restraint Act states that All public educational programs shall ensure that staff utilizing restraint in schools or facilities are trained.

The Training must include the following:

- a continuum of prevention techniques.
- environmental management.
- a continuum of de-escalation techniques.
- The training that staff receive must come from a nationally recognized physical management and restraint practices program/agency and including, but not limited to, techniques that allow restraint in an upright or sitting position and information about the dangers created by prone restraint.
- The training must provide methods to explain the use of restraint to the student who is to be restrained and to the individual's family.
- The training must provide information on appropriate documentation and notification procedures.
- Retraining needs to be at a frequency of at least every two years.