# Building Blocks of Brain Development Supports and Interventions



**COLORADO** Department of Education

Using the Building Blocks of Brain Development to Support Students with Learning Disabilities

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## **Consideration of Terms**

- The full and correct term is the Building Blocks of Brain Development<sub>©</sub> (BBBD)
- For this presentation, referred to many ways such as the BBBM or BBBD
- For this presentation, the BBBM or BBBD is used to describe <u>brain function</u> more than development



## Module 1.2 BBBD: Supports and Interventions

**Considerations and Cautions** 



### **Important Note**

The information, concepts, and models provided in this presentation are intended to give practitioners a framework when conducting special education evaluations and employing interventions. It is emphasized that nothing in this presentation is meant to be directive or prescriptive. Professionals are free to use some, or all of the information presented, but they are not required to do so in their practice. Always consult with your special education director for clarity around district policies and expectations for special education evaluations.



## **Learning Outcomes**

- Understand what makes for effective supports
- Understand critical considerations and perspectives on SLD and interventions
- Learn the important differences between interventions and accommodations



### SLD: What Does It Feel Like?

Excellent video that describes what it is like to have a learning disability

https://www.understood.org/article s/en/through-your-childs-eyes



#### What's It's Like to have a Learning Disability



### BBBD Guideposts Embrace the Gray

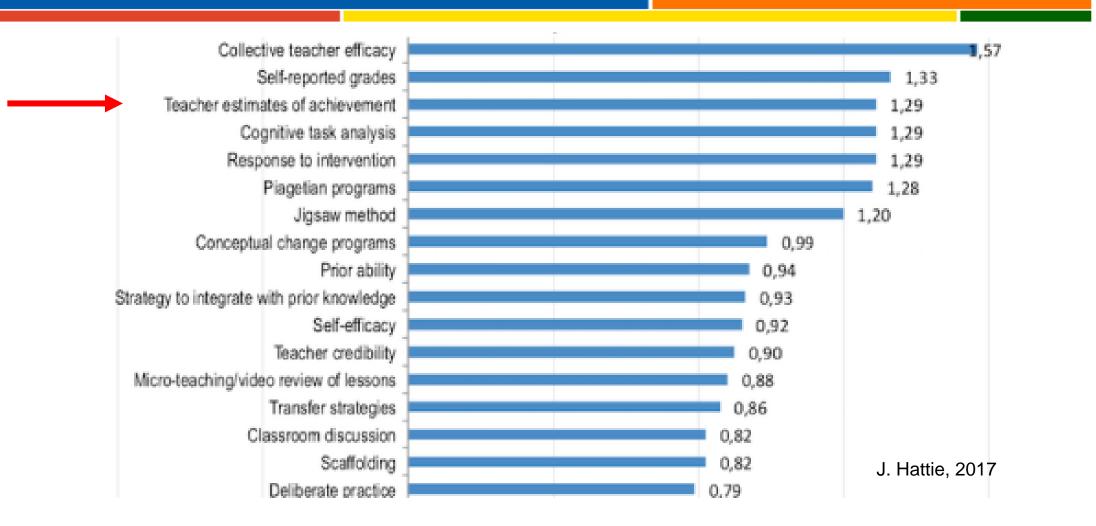
- The first guidepost is a reminder that the identification and interventions related to SLD is not an easy "black-and-white" process.
- Supports that work for one student may not be effective for another student (no one size fits all).
- Individualized supports, flexibility and professional judgment is key.



### Important Considerations Significance of Your Approach

- <u>All</u> students can learn and benefit from education.
- SpEd teams should focus on dispelling myths about SLD. Teachers must teach new skills that will improve outcomes for individuals with disabilities.
- Keep high expectation, but remember "can't vs. won't".
- SLD supports can improve a student's life well beyond school and academics! Changing lives for the better.

## **The Importance of High Expectations!**



### Important Consideration Your Role

- Not to "cure" SLD, but to provide supports and targeted interventions that may moderate the disability
- Employ empirically based supports that are effective
- Provide <u>access</u> to the curriculum and teach new skills to the extent possible given the severity of the SLD
- <u>Realistic</u> goals based on specific needs



### Important Considerations Stay Positive, but Realistic

- A learning disability can't be cured; it is a neurological and lifelong issue. With the right support and interventions, SLDs can be moderated, but not completely "fixed".
- Degrees of SLD—mild, moderate, severe
- Double deficit and the neural circuit



# Cautions

- Quality and targeted vs. Quantity and General (Interventions—more are not necessarily better)
- Too many goals at one time
- Beware the Neuro-myths (Dr. Betts et al., 2019)
- Attitude/relationship impacts outcomes (Wentzel/Ramadi 2016)



### **Definitions: Interventions vs. Accommodations**

#### Intervention

Based on student's needs, targeted, specifically designed <u>instruction</u> to improve a specific skill—(Maybe be limited based on severity of deficits.)

#### Accommodation

A change made to the teaching or testing <u>procedures</u> in order to provide a student with <u>access to</u> <u>information</u> and to create an equal opportunity to demonstrate knowledge and skills---<u>Does not</u> <u>change content</u> (i.e. modification).



# Intervention vs. Accommodation

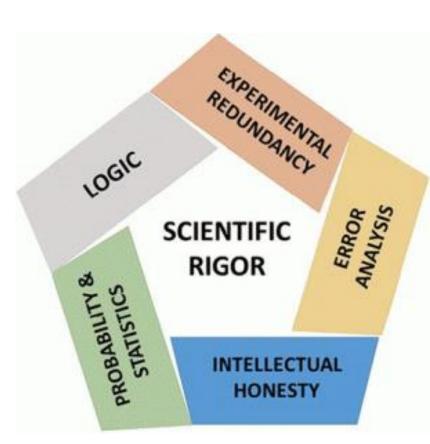
- Intervention
  - Building phonemic awareness skills
  - Direct instruction for increasing math facts
  - Build reading
    comprehension skills

- Accommodation
  - Allow for extra time
  - Allow use of calculator
  - Allow for use of open notes during tests



### Evidence Based: What Does it Mean?

- Theoretically plausible and empirically validated
- ESSA replaces phrase "scientifically based instruction" with "Evidence Based Interventions" https://www.wrightslaw.com/nclb/rbi.htm
- Peer-reviewed publications
- Replicable Random Controlled Trials (RCTs) / Correlational Studies (equal to or greater than .50)
- Demonstrated practical effectiveness



## Interventions and Accommodations

Research and Empirical Foundation-Key Resources

CDE Advisory List of Instructional Programming
 <u>https://www.cde.state.co.us/coloradoliteracy/advisorylistofinstructi
 onalprogramming2020</u>

- National Center for Intensive Intervention <u>https://intensiveintervention.org/tools-charts/overview</u>
- <u>Understood.org Difference between Modifications and</u> <u>Accommodations</u>
   <u>https://www.understood.org/articles/en/the-difference-between-</u> accommodations-and-modifications



# Four Categories of Accommodations

- Based on <u>student need</u> to access the curriculum
- Documented effectiveness and student's use
- I. Presentation
- II. Opportunities to Respond and Response Types
- **III.** Setting and Environmental
- IV. Timing and Scheduling



# Mainstay Intervention Direct and Explicit Instruction

- Long-standing research to support its use
- Not fancy or magic, but effective if employed with <u>fidelity</u> and <u>consistently (critical)</u>
- Repeated and emphasized throughout presentation series as each module can be a stand-alone lesson
- Anita Archer Video

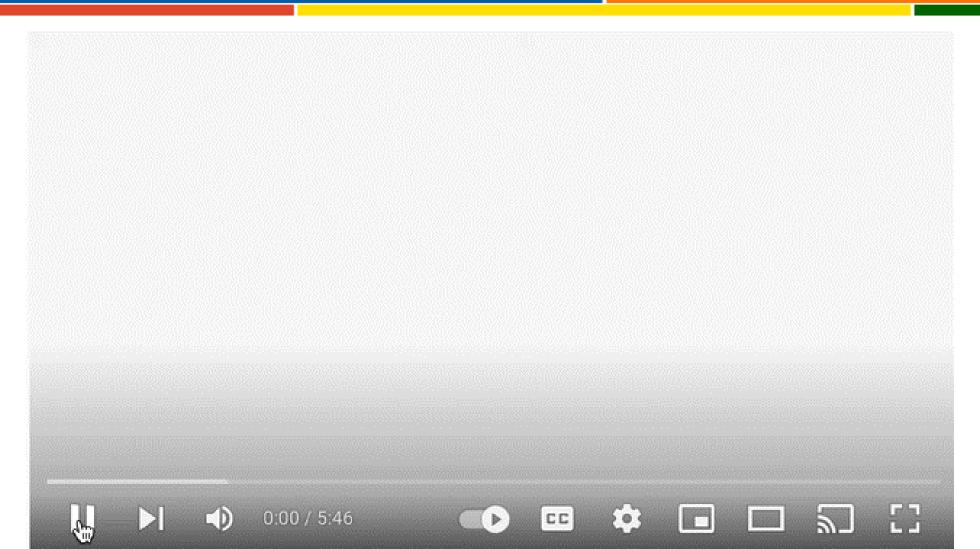


## **Direct Instruction**





## Why Explicit Instruction Works Dr. Anita Archer



## Summary

- Effective special education supports are predicated on specific student <u>needs</u>, use of <u>empirically based interventions</u> that have documented effectiveness, and <u>flexibility</u> to change supports when they are not working.
- It is important to remember that SLDs typically cannot be "cured," and the primary focus should be on <u>building skills and providing access</u> the curriculum. Create goals that have real impact the student's progress.
- <u>Interventions</u> build skills, while ac<u>commodations</u> support access to the curriculum, but does not change the content.



# Thank You For Listening End of Module 1.2



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